

ST. ELIZABETH FAMILY MEDICINE RESIDENCY

≡ SOCIAL NEWSLETTER ≡

SUMMER 2026

MEET THE
CLASSES!!!

A NOTE FROM RECRUITMENT COMMITTEE

Hi everyone! Welcome to our newsletter! We hope that by sharing our social happenings and updates, you are able to get a better sense of the supportive, social, and family-oriented culture of our program. Our recruitment committee's contact info is shared on the last page of this newsletter - please reach out if you have any questions at all!

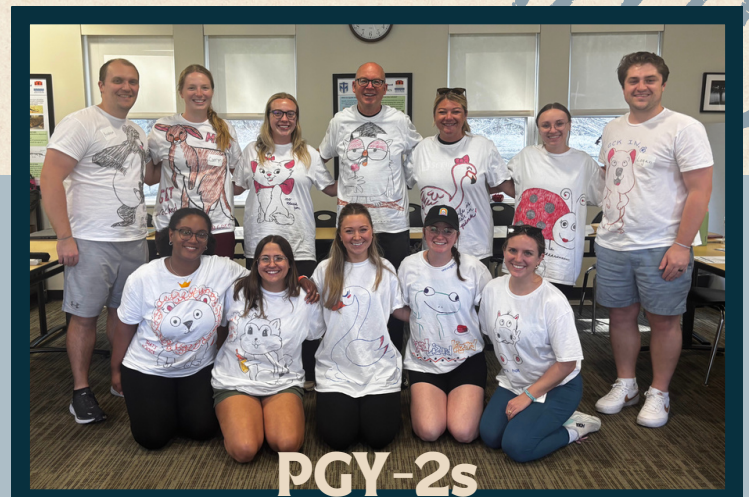
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PGY-1s

The first year class is the most local of the residency bunch, with 7 of 10 coming from UK-NKY COM and many with family here locally. We've become fast friends, bonding over euchre, hot pilates, Fantasy Football, and defeating the senior residents in tug-of-war at our annual graduation cookout. Most importantly, we've already had the privilege of welcoming 3 new little ones to our class family! We're feeling so welcomed by the rest of the residents and faculty and are looking forward to absorbing every bit of learning that we can over the course of intern year!

The second year class is a tight knit crew coming from 7 different medical schools. We love to spend time together outside the hospital by playing pickleball at Freedom park, going to a classmate's home for a cookout, and participating in workout classes together at Body Alive. Our intern year was spent growing closer together through both the joy of welcoming children into one another's families and the grief of loved ones lost. We've grown so much over the past year and can't wait to take that forward with us in our next challenge of being seniors and leading this next group of interns!



PGY-2s



PGY-3s

The third year class is a group comprised of residents from 8 different medical schools, including both allopathic and osteopathic. We are a strong team who have been lucky enough to see each other through momentous life occasions, including multiple weddings. Outside of work, we enjoy potlucks and board game nights together. There are supporters in this class for all teams of the AFC North, which keeps football game days exciting! We share a variety of interests and career plans including hospice and palliative care, sports medicine, and inpatient medicine. We are looking forward to their careers post-residency, and are enjoying every learning opportunity in the meantime!

NEW FACULTY SPOTLIGHT: DR. KATHERINE POHLGEERS



- **Hometown:** Fort Mitchell in Northern KY
- **College:** Hillsdale College on a basketball scholarship
- **Medical school:** UofL
- **FM residency and sports medicine fellowship:** UofL
- **Previous career positions:** At UofL, I served as APD for the FM residency and PCSM fellowship. I was the head team doc for UofL Field Hockey and Men's Bball.
- **Coolest part of your career thus far:** Serving as UofL bball's team doc. Our daughter, Emery, spent her first Thanksgiving taking a private jet to Maui while I covered the Maui Invitational. Also, I was able to take my mom to New York for a trip where she got to fly privately and sit front row, half court with me at Madison Square Garden.
- **Favorite hobbies:** Avid Bengals and UofL fan, going to concerts (we've been to too many to count and a wide variety from Elton John to Lil Wayne ha!), and spending time in our new home with my husband Nick, 4 year old daughter Emery, and miniature schnauzer Julep
- **What you're looking forward to at St. Elizabeth:** Initiating some extra sports medicine opportunities for the residents and expanding a relationship with Thomas More University. I'm excited to experience something different as all I've known is UofL. On a personal standpoint, I'm excited to raise my daughter back home around family.

SIDELINE TRAINING WITH TMU!

Residents interested in participating in sideline coverage with Thomas More University completed a sideline training this August! Led by Dr. Pohlgeers, we reviewed topics such as heat injury, cardiac events, concussions/TBI, and musculoskeletal injuries. We also reviewed hands-on skills such as casting, back-boarding, and AED/CPR.



This fall/winter, we will be covering men's & women's soccer, men's & women's basketball, and football! We also cover high school football teams in the Northern Kentucky area.





WHO RUNS THE CLINIC? GIRLS!

A highlight this summer was a coincidental day in which clinic was led by an all-female team! This photo is one of the best representations of our crew and includes many of our residents, MAs, pharmacists, clinic managers, care coordinators, attendings, and even a few medical & pharmacy students!

HANGING AROUND THE PROGRAM!



PGY-1 Bridget & Tori's kiddos at Dr. Bazydlo's annual summer picnic!

PGY-2 Molly Daughtery is having a baby this summer! The PGY-2s threw a mini shower and made the most fun onesies for baby girl!



The PGY-1 class found some time for a night of bowling! All interns are always off on Saturday nights - a perfect time to arrange a hang out!