

LABOR & DELIVERY NURSE RESIDENCY

St. Elizabeth Labor and Delivery is a Level III Maternal Health unit that cares for over 4,200 mothers and babies each year and is the second largest birthing hospital in the state of Kentucky.



As part of a community consortium of the 15 birthing hospitals in the tri-state area, St. Elizabeth helps to provide orientation classes for all nurse residents in each of these hospital systems (basic fetal monitoring, mother-baby care, care of the intrapartum patient, neonatal opiate withdrawal syndrome, perinatal loss, infant transition, maternal anesthesia, perinatal complications, neonatal resuscitation, etc.).

The St. Elizabeth Labor and Delivery Residency program is individualized to meet each new nurse's learning needs and style. Evidence-based learning occurs in the classroom, on the unit and in the simulation center, as well as through computer-based learning modules and video presentations. The initial orientation process includes learning how to care for mothers and infants in all phases of labor, vaginal delivery, cesarean section, recovery and postpartum.

The nurse residents will learn how to start IVs, draw blood, perform cervical examinations, interpret fetal monitoring, manage high-risk medication and collaborate with providers during their clinical orientation.